

EPISODE: 526

TITLE: **Why Our Advice Rarely Helps**

When offering advice to someone it is important that we first check our motives (they can be hidden) and make sure the other person is truly looking for our input on the matter.

Here are three key things to believe and consider about giving advice...

1. **The default position for most people is that they do not want your advice.** Knowing this can change our posture right from the start. If they didn't ask for our input, they probably don't want it. If they genuinely wanted our advice, they would've asked. A lot of times people just want to vent and are looking for someone to listen to them without judging them or giving advice. They either already know what to do in the situation, or there is no decision to be made right now.
2. **In giving advice, ask yourself: Who am I most interested in serving?** Is it myself? Is it the other person being relieved of their pain or getting out of a bad situation? Or is it so that God will be more glorified in their life? Who and what is your focus makes all the difference in how we give advice and how it is perceived and received.
3. **Throughout scripture we often see God asking questions to draw out the heart of those he loves.** (*Think about Adam and Eve, Cain, the Woman at the Well.*) Seeking to understand the "thing behind the thing" and where a person is coming from in a situation is showing them love and respect. Ask people if there is a way that they think you can help them. And if you give advice or counsel, watch the "shoulds". There is no 'should' or 'shouldn't' in the Gospel... only we GET TO or we NEED NOT, because of Christ. Jesus is our Lord and savior, and he is our victory over all.

If you are interested in being in coaching and mentorship with Caesar and his wife, Tina, to learn a lifestyle of discipleship and mission, take your first step... Start experiencing greater spiritual freedom and relational peace today!

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Thanks for listening... we'll see you in the next episode!

~Caesar