

EPISODE: 489

TITLE: **Overcoming Our Limiting Beliefs About Discipleship**

As Christians, we most often use the word “belief” in connection to our faith and the Bible, but we also have beliefs that shape our lives connected to pretty much every action or inaction in life. Sometimes these beliefs can limit our potential.

Here are three things to believe and consider about our limiting beliefs about discipleship...

- 1. Start by looking at the results that you're getting in your life right now** in the area of discipleship. Are you happy with how things are going and how your people are engaging? Are there consistent recurring themes, excuses or perceived barriers that you keep hearing or using? There is a really good chance that you have embraced some of these things as a limiting belief. Name them and start to replace them with better beliefs.
- 2. God's desire is that you would live with spiritual freedom and relational peace.** This is what Jesus came to model for us and then commanded his disciples (that's us today) to go and live the same way, making more disciples. He has placed his own Holy Spirit within you and not given you a spirit of fear or limitations. Don't let limiting beliefs or fears or dead traditions stop you from embracing the life that Jesus died to give you.
- 3. Immerse yourself in relationships with people who think and act like you want to think and act.** Befriend successful disciple-makers. Join a peer network with others who are making or who have made the shifts that you want to make. Immerse yourself in podcasts, books, workshops, or whatever else that best reflects what you are trying to be and do. Exposing yourself to these patterns of thinking and attitudes starts to shape your own. And I encourage you to be proactive and get a mentor or coach and ask them to help you grow in this area of your life and ministry.

Also: If you are interested in being coached by Caesar and his wife Tina in a lifestyle of discipleship and mission, new cohorts are starting soon... Start experiencing greater spiritual freedom and relational peace today!

Check out: everydaydisciple.com/coaching

Thanks for listening... we'll see you in the next episode!

~Caesar