

EPISODE: 459

TITLE: **The 3 Seductions: Appetite, Ambition & Approval**

Did you know that these three seductions have always existed? As you heard, they even showed up when Jesus was tempted in the wilderness at the beginning of his ministry. And there is a lot to learn about temptation in our own life from how Jesus responded.

Here are three key things to believe and consider what lies behind certain sins:

1. It is very important to hear and understand our Heavenly Father's voice. Just as the Father said to Jesus, *"This is my dearly loved Son, who brings me great joy."* the Father longs for you to hear and believe he feels the exact same way about you. Jesus lived his life knowing and believing his true identity and the love of his Father. This is a gospel reality and part of the covenant we now live in!

2. In Luke 4, verse 1, it says that Jesus is led into the wilderness to be tempted and he was *"full of the Holy Spirit"*. And after the temptations for 40 days and nights, Luke records in verse 14 that Jesus left the experience *"full of the power of the Holy Spirit"*. Settling our identity; believing who God says we are and what is true of us in the presence of temptation is the key to living an empowered life. Believe what God says is true of you and trust the Spirit for strength and clarity.

3. Remember that whatever you've done in your life, any areas where you've given into temptation and sin, the conversation with God starts with, *"There is no condemnation for those who are in Christ."* (Romans 8:1) and it ends with, *"despite all these things, overwhelming victory is ours through Christ, who loved us."* (Romans 8:37) When listening to the Father and living increasingly in the power of his Holy Spirit there is no condemnation for your sin and you will be made a conqueror!

Spend some time each day for a week, reading and meditating on these two verses where the Father speaks to Jesus, and put your name in each of the blanks:

"This is my dearly loved _____, who brings me great joy." – *Matthew 3:17*

"This is my _____, whom I have chosen; listen to _____." – *Luke 9:35*

Thanks for listening... we'll see you in the next episode!

~Caesar