

EPISODE: 450

TITLE: **How Seasonal Rhythms Serve Our Disciple-making**

There can be a tendency to let the natural seasonal changes *derail* our discipleship rhythms—instead of *enhancing* them. It doesn't have to be that way!

Here are three key things to believe and consider about the change of seasons in your life...

1. **Breathing in and breathing out.** Depending on the season, and what the culture around you is involved in recreationally, you will naturally find that there are times of “breathing in,” when your community focuses on gospel growth and going deeper into discipleship; and there will be times when you focus on “breathing out” and establishing new relationships as you look for more People of Peace. Take advantage of your seasons as a natural rhythm instead of fighting it or thinking that “something’s wrong” because relational time and commitments seem to be changing.
2. **God has designed the world perfectly for making disciples of Jesus!** And that design includes the seasons of the year like spring, summer, autumn, and winter... but they also include the rhythms of your life and family. Things like pregnancy, health issues, vacations, moving to a new home, a job change, etc. all affect your time and relational capacity. That’s okay! Trust God for where he has you today and know that he loves you in every season. (Regardless of your perceived “disciple-making productivity”.)
3. **The 6 Discipleship Rhythms provide you with a natural way to stay intentionally engaged in discipleship regardless of the season,** or how many people are coming to your events. Get to know people’s stories in a deep way that shows you areas where they are still living in unbelief of the gospel. Have at least one weekly meal where you build relationships with People of Peace, and know that it will change and look different in different seasons, but keep a predictable pattern as best you can.

👉 Check out Episode #377 titled, SPECIAL: Discipleship Rhythms

**And another friendly reminder** that if you’d like help in establishing natural discipleship rhythms in your life with family and friends, let’s hop on a Discovery Call to get to know each other a bit better and I can tell you about our Everyday Disciple Makers coaching experience and see if it’s a good fit for you. Just go to [everydaydisciple.com/discovery](https://everydaydisciple.com/discovery) to set up a convenient time... no obligation, I’d love to meet you and hear your story!

Thanks for listening... we’ll see you in the next episode!

~Caesar