

EPISODE: 425 TITLE: Moving People To Maturity Through Relational Growth

Whether it's discipling People of Peace toward Jesus, parenting your kids, or developing leaders, the amount of growth and maturity will be directly proportionate to how much access you give people to yourself and your time.

Here are three things to consider about how you invest in your relationships...

- Calibrating the balance between Invitation and Challenge in relationships is crucial for effective discipleship and fostering growth and maturity in others. By depositing "invitation" in people's lives, we build up a reserve that can later be "spent" as challenges for them to take next steps in their growth. If someone is not responding positively to the challenges you present, it may indicate that you need to increase the level or frequency of invitation, or the challenge may be too great for the current level of trust you have with them.
- 2. Jesus demonstrated his love for his disciples by inviting them to join him in every aspect of life and by challenging them in ways that encouraged trust, growth, and maturity. This is the essence of his mission, to become flesh and dwell among us, to model how to live in trust with the Father and to love others selflessly, even to the point of sacrifice. Consider the level of access that those you are leading and discipling have to your daily life and family routines.
- 3. Make a list of people in your life that you are leading or discipling (this may include those in your own family) and ask God to show you what the next *appropriate* invitation and level of challenge is for each person as you seek to teach, train and disciple them to maturity. What is the next appropriate level of invitation and challenge with your spouse, your kids, those you lead at work, and people of peace in your life? Get started today!

Get the Invitation and Challenge Matrix Free Download here: everydaydisciple.com/invite

If you want to experience greater spiritual freedom as you learn to live a lifestyle of discipleship that naturally fits the rhythms of your life and family, let's hop on a Discovery Call to see if the Everyday Disciple *Makers* coaching is a good fit for you.

If interested, email: <u>caesar@everydaydisciple.com</u> and we'll get right back to you.

Thanks for listening... we'll see you in the next episode!

~Саелаr