

EPISODE: 422

TITLE: **What Causes Sin and How to Stop It**

God is not focused on your “sin problem”! That is because he has already dealt with your sin at the Cross! He desires a close, trusting relationship with you where you know him and are believing what is true of him... and what he says is now true of you!

Here are three key things to believe and consider:

Head...heart...hands...

1. **Know that God always looks at your heart** and the belief—or unbelief—behind your actions; sinful or righteous. It's our heart and trust that he truly desires from us, not perfect behavior.
2. **Believe that your actions do not define who you are.** Past, present or future. God himself defines you. You are his image-bearer and he longs to restore your true identity and wants you to believe it is how he now sees you if you are in Christ. You are his dearly loved son or daughter regardless of your past—or future sin. That is good news!
3. **Moving from unbelief to belief about what is true about God is the secret!** Out of his identity and character flows his actions and will. As we move from unbelief to belief concerning these truths, we will be led out of sinful actions and negative emotions. You will be set free to “be” and trust God is working out his Great, Glorious, Good and Gracious will in your life!

There are many things about God that we all still do not believe. Ask the Holy Spirit to give you “new eyes” to see the unbelief that lays behind your sin, and the sins of others. Go after the heart!

[Grab your free download of the 4 G's mini-poster](#) that we mentioned in the episode.

If you are interested in being coached by Caesar and his wife Tina in a lifestyle of discipleship and mission, new cohorts are starting soon... Start experiencing greater spiritual freedom and relational peace today!

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Thanks for listening... we'll see you in the next episode!

~Caesar