

EPISODE: 374

TITLE: **The Habit Of Small Steps**

Staying on track toward accomplishing large goals can seem hard, but all big things come from small beginnings. The seed of every habit is a single, tiny decision and we all do exactly what we *choose* to do every day.

Here are three key things to believe and consider about creating movement on mission:

1. **Before you get out of bed in the morning ask God to show you what your 1%—or one thing for that day is.** And in faith, regardless of all of the other stuff you *planned* to do that day, do that one thing that God pointed out. Trust him. Then do it again tomorrow. Remember, a 1% movement toward a goal, some major shift, or a well-worn set of traditions, done for 100 days straight will get you there. 1% each day for a year nets you a 3700% shift!
2. **God loves you exactly the same (fully and perfectly!) regardless of your “missional performance”.** But he has placed desires within your heart to glorify him with your life and to experience all that Jesus died to give us. If your fear of other’s opinions, or fears of failure keep you from walking and leading from a place of peace, ask God (and others in your life) to remind you of God’s great love and his Spirit of wisdom and strength that now lives within you.
3. **We all do exactly what we choose to do every day.** If your family life on mission, or your church or small group is not living with the spiritual freedom and relational peace you desire, it is within your God-given ability to change that. Your actions reveal how badly you want something. If you keep saying something is a priority but you never act on it, then you don’t really want it.

[Get the FREE eBook \*BeThe Church\* with all 10 conversations.](#)

**Also:** If you want to learn a full framework for discipleship and developing others for Mission, I’d like to tell you about the coaching and mentorship that we offer. Let’s set up a short Zoom call to get to know each other better, and I’ll tell you all about it and answer any questions you have.

**Coaching info here:** [everydaydisciple.com/coaching](https://everydaydisciple.com/coaching)

Thanks for listening... we’ll see you in the next episode!

*~Caesar*