

## EPISODE: 337 TITLE: Introverts and Extroverts on Mission Post-pandemic

The COVID pandemic caused social interactions to shrink significantly. As restrictions loosen up, introverts and extroverts will engage in mission differently.

Here are 3 things to believe and consider about getting back out there on mission...

- Are you an introvert or an extrovert? Self-awareness is a good place to start so download this Big 3, and I'll include a link to a <u>free personality assessment</u> that takes only a few minutes to go through. You'll get instant results to see where you fall on the extroversion to introversion scale. One personality type is not better than the other, we need both, and your growing self-awareness will serve you and others you love.
- 2. Seek to build teams and community with those who are different from yourself. Learn to be gracious and patient as you grow more accustomed to, and appreciative of, those differences. That takes intentionality and humility. Let the Gospel, spoken into your own life and those in your community, bring out the "you" that God intends you to be for his glory!
- 3. **Plan your social schedule to allow you to recharge emotionally** in ways that best suit your personality. Don't hide behind your introversion or extroversion as excuses to not be with people or always be the center of attention. A little advance preparation will open you up to new horizons and relational depth. Ask the Holy Spirit to guide you in this; God knows what the day ahead holds, and he knows you better than you know yourself!

If you're interested in learning how our coaching can help you grow in gospel fluency and make discipleship a lifestyle, let's talk. I'd love to set up a quick Zoom call and get to know you and tell you about it. *~Caesar* 

Check out: everydaydisciple.com/coaching

Thanks for listening... I'll see you in the next episode! *Caesar*