

THE *Big 3*

EPISODE: 327

TITLE: **Losing a Scarcity Mentality To Discover Abundance**

If you're suffering from a scarcity mentality and start to doubt God's great care and provision, look to the Cross. God provided his best—his perfect son, Jesus, to meet our greatest need. There was no scarcity in his provision. Only abundance. An abundance of provision and grace.

Here are three key things to believe and consider about a scarcity or abundance mentality...

1. **A scarcity mentality comes from fear, not from our current level of resources.** Scarcity is the fear that I am not enough and I won't ever be enough. And even when we perceive an abundance of resources, that gets twisted by fear too. We think: I have more than I need, but I could lose it, so I need to hold on to it and/or get more! All of this flows from not believing the truth that my Father God is our perfect and constant provision and I don't have to impress him or try to prove myself or earn anything from him.
2. **An abundance mentality flows out of a deep inner sense of personal worth and security.** Remember, you were created in the image of our perfect Father God who loves you! Out of his endless supply and wealth, we can live in the reality that there is plenty and more than enough to share with others. This is true of money and time, of prestige, of recognition, of resources, of decision making. God is great so you don't have to control all of those things. Let this truth open possibilities, creativity, and freedom in your life.
3. **To strengthen your abundance mindset,** grab a pen and paper and ask yourself the following questions: What areas in my life do I allow scarcity mentality thoughts to dominate? How can I shift those thoughts to an abundance mindset? Where in my life am I already abundant? Where is God wanting to bring more abundance into my life? Will you let him? ***Go ahead... tip over that barrel!***

If you like to learn more about coaching and mentorship with Caesar and his wife, Tina, and learn to live a lifestyle of discipleship and mission, new cohorts are beginning soon.

We'd love to talk to you! **Check out:** everydaydisciple.com/coaching

Thanks for listening... I'll see you in the next episode!

Caesar

[Be sure to subscribe, rate, and review the podcast on iTunes](#) ©

EVERYDAYDISCIPLE.COM