

EPISODE: 323

TITLE: **Disciple Making: 10 Things That May Be Stopping You**

It's common to assume the things we've seen as barriers to discipleship and life in community are unique to our own context, neighborhood, or life circumstances. That's just not true!

Here are three key things to believe and consider about what may be keeping you from disciple-making and living on mission...

1. **Our perceived roadblocks are usually just an extension of our own preferences and fears.** It is very common to assume that the things we've seen as barriers to discipleship and life in community are unique to our own context, neighborhood or life circumstances. Trust me—they're not! The limitations are almost always personal preference, fear, and limiting beliefs. Now that you know what they may be, you can release them and live in a new belief.
2. **God created you as his child to live in community on mission with him, making disciples of Jesus.** Even though new missional rhythms may feel (and sound like to others) like you are really swimming against cultural norms (you are), this is the life you were created to live! All of the good things in life that you have come to love and enjoy were given to you to be a blessing to others and for God's glory. Let's not let the abundance of God's generosity in our lives become a stumbling block or excuse to hide behind.
3. **Which of the 10 Roadblocks have you been suffering from?** Let's change that! Write down any of the roadblocks you think have been keeping you from really making disciples in an "all of life" way. Then ask yourself the suggested diagnostic questions associated with them. Pray for the Holy Spirit to guide you to the truth connected to each of these. Share what you learn with someone close to you. Ask for their feedback and accountability to live out of the Truth as you move forward!

If you like to learn more about coaching and mentorship with Caesar and his wife, Tina, and learn to live a lifestyle of discipleship and mission, new cohorts are beginning soon.

Start experiencing greater spiritual freedom and relational peace today!

**Check out:** [everydaydisciple.com/coaching](https://everydaydisciple.com/coaching)

Thanks for listening... I'll see you in the next episode!

*Caesar*

# Top 10 Roadblocks to Discipleship and Mission

## Roadblock #10

MISUNDERSTANDING  
WHAT THE MISSION IS

### Ask yourself:

Am I willing to allow the Spirit of God to reshape the rhythms of my life so that discipleship becomes the focus instead of other things in life?

## Roadblock #9

NO ONE IN MY CHURCH  
IS INTO 'MISSIONAL'

### Ask yourself:

Am I willing to make small, intentional steps as a family...slowly... and invest the time and resources to learn more about living and modeling this lifestyle with others? Be the change you want to see!

## Roadblock #8

EVERYONE LIVES TOO  
FAR FROM EACH OTHER

### Ask yourself:

Are there people living near me that I am willing to reach out to in friendship and ask God to guide us in building new relationships with those right around me? Or... am I willing to move to where others are and join them in living on Mission in the community?

## Roadblock #7

IT'S TOO EXPENSIVE  
TO LIVE THIS WAY

### Ask yourself:

What creative ways can we have simple meals or parties with those God is calling us to treat as "family"? Am I willing to humble myself and ask others to treat ME like family and pitch in on these meals and parties?

## Roadblock #6

NEVER SEEN COMMUNITY  
LIKE THIS BEFORE

### Ask yourself:

Am I willing to be a part of forging new rhythms in my life, church and family, so that others can “see and experience” the Kingdom up close? Will I get the books, training, coaching I need to develop and grow into living a lifestyle of discipleship and mission? Small is big...slow is fast!

## Roadblock #5

DON'T HAVE THE RIGHT  
HOME FOR THIS

### Ask yourself:

Do I believe that God is good and has given us a home exactly where he wants us to love his other kids? Will I love people more than my need to have the “perfect place”... and offer a place at my table?

## Roadblock #4

PROFESSIONAL /  
VOCATIONAL MINISTRY

### Ask yourself:

Is official “ministry” keeping me from spending time with believers and not-yet believers in the normal rhythms of my everyday life and family? What are one or two things I could STOP doing to start making time to be with people in real life with greater intentionality?

## Roadblock #3

INSECURITY /  
FEAR OF REJECTION

### Ask yourself:

Do I love myself and image more than I love people and Jesus’ mission? DO I believe I have the full love, affection, and approval of our good and glorious Father? Do I now believe that the mission is making disciples which takes time and relationship vs. rehearsed sales pitches?

## Roadblock #2

TIME / TOO BUSY

### Ask yourself:

Whose life am I living? Who sets my calendar? Do I love people and God's glory enough to allow him to change my schedule to make discipleship and mission my top priority when making choices for how I'll spend my time?

## Roadblock #1

SELF  
COMFORT, PREFERENCES, TRADITION

### Ask yourself:

Am I living my life, (and teaching my kids, or church and others) that **my glory** and comfort are really my top priority by how I spend my time and resources? Am I letting my religious traditions guide my spiritual growth—or truly letting the Holy Spirit guide me deeper into life and community with others for HIS glory?