

# THE *Big 3*

EPISODE: 291

TITLE: Fighting Our Preoccupation With Self

How you feel, pretty much in every moment, is connected to how you believe things are going relative to your sense of self. It is out of our identity, and perception of self, that our motives and actions flow.

Here are three key things to believe and consider about how the Gospel leads us to freedom and relational peace...

1. **Humility is not thinking less of yourself; it's thinking rightly about yourself, especially compared to God and his perfect righteousness.** The remedy for our preoccupation with self is a greater and growing focus and preoccupation with Jesus and his perfection. A focus on his completed work on our behalf. It is finished!
2. **God knows you and your full list of accomplishments, failures, sins, and unbelief... and he wants to favor you.** He is not opposed to you. He desires that you would allow him to reorder and realign your understanding of him and your relationship. He wants to pour his love and grace and goodness so deep into your heart and life that you'll grow to love him and trust him in every area of your life.
3. **Allow God to set the record straight concerning your unrighteousness and his perfection.** Then live authentically, live in freedom. Let the process of your ongoing redemption show to others as a badge of honor and glory to God and go live your life in light of Jesus' perfect record and perfect love for you. And please allow others in your life to step off the scale, off the treadmill, and live in freedom too.

**[Check out these other great resources to help you on your journey...](http://everydaydisciple.com/resources)**  
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Thanks for listening... I'll see you in the next episode!

***Caesar***