

THE *Big 3*

EPISODE: 174

TITLE: How to Figure Out Your Personal Superpower

It's not prideful to know the things you are really good at in life... All of us have certain things we are good at doing or noticing or perceiving. We also have blind spots and weaknesses in life that, if left unchecked, could take us down or hurt others. Beware of the kryptonite in your life!

Here are 3 things to believe and consider about discovering your strengths and weaknesses...

1. **Everyone is created with strengths and talents and are given gifts from God.** It is good to be self-aware of these strengths (your "superpowers") and also acknowledge that they come from God. They can be used for his glory or our own. Identifying what you are good at—areas of strength—and then working to grow even further and bless even more people is part of being a child of God. You get to.
2. **We all have areas of life and character that contain blind spots and are open to improvement.** God's desire is that every area of our lives glorify him. He wants to change the things in our life that do not. But here's some really good news: He already loves us fully, perfectly, regardless. Tim Keller once said, "The gospel is this: We are more sinful and flawed in ourselves than we ever dared believe, yet at the very same time we are more loved and accepted in Jesus Christ than we ever dared hope."
3. **Get started on a self-assessment today.** Do this with your constant advocate and comforter, the Holy Spirit. Don't fear receiving and actually seeking out feedback from others.... If they actually knew the *whole* truth about you, their feedback would be even harder to hear! Document the feedback you get and identify actions you can take immediately and over time. Write these insights and actions down and keep them where you can see them or review them daily. Make them a part of your morning routine.

Here's the link to the StrengthsFinder survey we mentioned on the show... a great resource.

<https://www.gallupstrengthscenter.com/home/en-us/strengthsfinder>

In light of today's topics, you might find these posts and videos helpful:

- [Call Me Batman!](#)
- [Is the Church Guilty of False Advertising?](#)

Thanks for listening... we'll see you in the next episode!

Caesar & Heath

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