

THE *Big 3*

EPISODE: 194

TITLE: Climate Change: What to Know, What You Can Do

One thing Katharine said in her interview with Anderson Cooper on CNN was that often we are confusing air pollution with carbon pollution. Air pollution is the stuff we can see in the air, and that is not healthy. We need to cut down on that too. But carbon pollution that we don't see lasts for hundreds of years and is the stuff responsible for our changing climate.

Here are some websites that will give you lots of ways to get educated and get started lowering your carbon footprint and helping to reverse the effects of climate change:

[How You Can Help Fight Climate Change](https://www.nrdc.org/stories/how-you-can-help-fight-climate-change)

Here are some easy, concrete ways you can make a difference.

<https://www.nrdc.org/stories/how-you-can-help-fight-climate-change>

[101 Ways to Fight Climate Change](https://www.curbed.com/2017/6/7/15749900/how-to-stop-climate-change-actions)

The smallest contributions can counter a global challenge

<https://www.curbed.com/2017/6/7/15749900/how-to-stop-climate-change-actions>

[A Cool Video Explaining Climate Change and Global Warming](https://www.facebook.com/earth/videos/1647869398820163)

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[Katharine Hayhoe's Website](http://katharinehayhoe.com/wp2016/)

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In case you are one of those folks that likes setting goals for the new year, check this out:

- [Want a Crazy Early Jumpstart on New Year Goal Setting?](#)

Thanks for listening... we'll see you in the next episode!

Caesar & Heath