

THE Big 3

EPISODE: 264

TITLE: Virtual Sacraments: 5 Ways to Do Communion Online

One of the greatest pictures of the gospel and life in the Kingdom is expressed every time a few of us share in the Lord's Supper together. Can we... should... how do we... participate in this sacrament as the church during these times of social distancing?

Here are three key things to believe and consider about how and why we do this together:

1. **Jesus shared this meal with his disciples, and in so doing, shared a meal and himself with us.** Jesus gave his entire life for his Father's glory and our freedom. He didn't leave us with a picture of himself sitting on a throne with angels floating overhead, or up in front of a crowd passing out knowledge. He shared himself through a meal—one of the most common and recurring activities in life. Jesus wants to be involved in every part of your daily life today, too.
2. **The original Passover meal, and our Lord's last supper with his disciples, served as a reminder and a demonstration of his love and ongoing pursuit of his people.** Are the ways you are leading, teaching, equipping, or gathering people as the Church serving as a reminder of God's heart and what he is truly like? Are your ministry activities a tangible demonstration of how your folks can live their lives throughout the week to show others what God is like? They can be... and it makes more of everyday life an active part of discipleship.
3. **What if you slowed down enough to remember Jesus at every meal?** Every time we share a meal together, as the body of Christ or as a family, we are participating in an invitation to make Jesus Lord in our life. To remember God is our ultimate provision. To accept the invitation of his forgiveness and restoration. His mercies are new every morning and available to us at each meal!

Let us help coach you to achieve breakthroughs in disciple-making by being a part of the **Everyday Disciple Incubator**: 123lifeschool.com/incubator
(New cohorts are starting soon and spaces are very limited.)

Thanks for listening... we'll see you in the next episode!

Caesar & Heath

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