

THE *Big 3*

EPISODE: 238

TITLE: 5 Steps To Making Friends Quickly

Friendship and relationships are inseparably connected to the heart of God. Not only were we all created in the image of our relational God, who exists in community, but making friends is a critical component to making new disciples of Jesus.

Here are three things to believe and consider about making new friends in your life:

1. **Thinking that you are too busy for friendships is a lie and dangerous.** When we become too focused on our schedules, our preferences and subtle (or not so subtle) fear of man issues, it is easy to hide behind the lie of, "my life is too busy!". The truth may actually be that we love ourselves more than we love others and God's glory. Most of us were not this way as kids—and it's not healthy to model this 'busyness excuse' to our own children today. This is a dangerous place to be in, because...
2. **God exists in community (3-in-1) and has created all of us to live in close relationship with others.** We were not designed to live in isolation. Just like God that is Father, Son and Spirit, we are created—and need—others in our life to best image God and what he is like. One of the most common attacks of Satan is to convince us we don't really need or are able to trust others. This is a sure way to become self-centered, depressed and alone. And it is a discipleship killer!
3. **Desire and intentionality are all it takes to make new friends.** People are *all* looking for safe relationships and friendships. Who doesn't want to find people who are full of the grace of God and trustworthy to be around and do life with?! If you will make the effort to create predictable patterns, remembering people's names, being generous and asking good questions, people will be drawn to you.

And please don't hide behind the misconception of being too introverted to make new friends—introversion has nothing to do with this—it has to do with how one recharges and restores their energy. Take a nap before heading to the cafe or hosting a BBQ if needed. But get out there! God has friends and new 'family' members waiting for you to find them. :-)

Thanks for listening... we'll see you in the next episode!

Caesar & Heath