

# THE Big 3

EPISODE: 145

TITLE: How to Start the New Year on the Right Foot

Most people spend a lot more time planning their vacation each year than stewarding the areas of life and ministry that are *truly* important. Learning to evaluate and intentionally grow in the “5 Treasures” of life will transform the way you look at goal setting and New Year’s resolutions forever.

Here are three key things to believe and consider when setting goals for the new year:

*Head... heart... hands...*

1. **Time is unlike any other resource in the world:** once it’s “spent” you cannot get it back. You can’t get more of it. Being serious about what you truly value and stewarding your time and treasures is honoring to God, and a big part of our discipleship and the discipleship of others.
2. **God knows your future and is inviting you to join him in shaping it.** You have been given an Identity that is from God himself and you now share this identity along with his authority and privilege. God loves you the same regardless of how you manage all of this, but the amazing thing is, we all GET to plan and prioritize, in faith, and trust God for the results. He loves you and desires the best for your life!
3. **Spend some time today, or this week, looking at and praying through the 5 Treasures.** Download the Evaluation Tool to help you assess where you are at in each of these five categories and where you would like to be at this time next year. Then start to make specific plans for how you will “spend” the treasures you have to gain more of the truly valuable treasure you desire.

[Download this 5 Treasures Evaluation Tool to set you up for future planning.](#)

Print off this evaluation tool *right now* and get started. Don’t wait until this gets lost! :-)

Thanks for listening...we’ll see you in the next episode!  
Caesar & Heath

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