

EPISODE: 121 TITLE: A Life of Focus: Time Management if God Set Your Schedule

Personal capacity, the environment we were raised in, or our season of life can all affect how much we get done or accomplish.

Here are three key things to remember about managing your time in light of God's priorities:

- 1. **Know that time is a finite resource** and once it is spent (or spends itself) you can never get it back. Everyone chooses to do exactly what they want, and really value, to do with their time each day. It is a choice.
- 2. **Believe that God loves you** and has given you everything you need. He will lovingly guide you in ordering your life and calendar and time management if you will ask Him. When you open up your calendar, ask God what his priorities are this year, this month...today. Be open to him changing things in your life and schedule that require your trust.
- 3. **Start keeping a simple time log** to keep track of exactly what you spend your time on when not at work. You can easily find simple time logging templates or apps online for free. This is for the serious person who wants to really get a look at what they *really* spend their non-work time on and begin to reinvest and re-prioritize. Start doing this today and do it for at least a week, two weeks is better.

Join me for this FREE webinar: <u>The Gospel in Everyday Life</u> The gospel shapes our hearts and affects ALL of life. It is the beginning and the end and changes our priorities.

And be sure to download the "<u>5 Treasures Evaluation Tool</u>" so you can do a quick assessment of how you have been prioritizing these 5 key areas of your life, and how you would LIKE to be spending and investing in each area.

Thanks for listening...we'll see you in the next episode! Caesar & Heath

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